

Friends helping friends

NO ALCOHOL IS BEST WHEN PREGNANT

The hands holding each wrist is a strong symbol for friends supporting friends, the individual, the family and the community.



SHARE

Do you know that alcohol is harmful to an unborn baby?

Do you know that exposure to alcohol before birth can lead to long-term, life-long disabilities?

CARE

I admire you for your decision not to drink.

Let's go out without having one alcoholic drink - the juice is on me!

F.A.S.D.

Fetal Alcohol Spectrum Disorder

www.calgaryfasd.com

Fetal Alcohol Spectrum Disorders (FASD) are a group of physical and mental birth defects caused by drinking during pregnancy. FASD is a term that includes Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Effects (FAE) and other neurological defects caused by prenatal alcohol use.

In partnership with



calgary fetal alcohol network

Support for Today
Prevention for Tomorrow



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Let's go out without having one
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The hands in the circle symbolize friends supporting friends, for a healthy baby and a healthy future.

Friends

helping

friends



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